

Activity 6 – The Lost Sheep

During lockdown, many of us have sometimes felt a little bit lost, unsure or alone. We haven't had the same routines with school and clubs. We haven't been able to see or friends and do things we normally would do. We may feel a bit like the lost sheep mentioned in one of Jesus' famous parables.

✠ Activity for young children:

Can you make a sheep picture or face mask? Maybe you can decorate it with cotton wool to look and feel like a real sheep?

What you will need:

1. Sheep picture or face mask, with elastic
2. Cotton wool
3. PVA glue or Pritt stick

✠ Activity for older children:

When you feel like a lost sheep, you can talk to God about it. Why not try keeping a prayer diary? Perhaps you could write down each time you turn to God? Or maybe write your prayers here beforehand?

✠ Activity for all children:

In St. Martin's Junior Church we start each week by taking turns to light a candle, think about what we're sorry for or what's worrying us and blowing the candle out – blowing our worries and sorries to God. Why not try this at home? Or perhaps use bubbles instead?

✠ Activity for the whole family:

Always remember that Jesus is our shepherd, our protector and our light in the darkness. He promises to do this many times in the Bible, in the same way God makes a promise to Noah with the Rainbow. Why not make a rainbow candle holder to remind you? Simply glue tissue paper to the outside of a glass, leave it dry and place a candle inside. Perhaps you can use this in your family prayer time at home? Or you might like to make rainbow bracelets from wool or Loom bands to carry with you as a reminder?

What you will need:

1. A glass or glass dish
2. A candle
3. Coloured tissue paper
4. PVA glue

Here's one we made earlier 😊

As always, please share with us what you've been doing – we would love to see and hear from you!

