

“Over the phone” service

Please let us know if you would like a member of the MALT or pastoral visiting team to pray through the service with you over the phone.

*The prayer leader will read the words in light text and will invite you to join them in saying the words in **bold text**.*

O Lord, open our lips,
And our mouth shall proclaim your praise.

Almighty God, unto whom all hearts are open,
all desires known, and from whom no secrets are hid;
cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit,
that we may perfectly love thee, and worthily magnify thy holy name;
through Christ our Lord. Amen.

The prayer leader will ask you to choose one of the following psalms to read. You may wish to read the psalm together, to alternate reading the verses in turn, or to ask the prayer leader to read the psalm to you.

Psalm 23

1. The Lord is my shepherd, I shall not want.
2. He makes me lie down in green pastures;
he leads me beside still waters;
3. he restores my soul.
He leads me in right paths for his name’s sake.
4. Even though I walk through the darkest valley, I fear no evil;
for you are with me; your rod and your staff— they comfort me.
5. You prepare a table before me in the presence of my enemies;
you anoint my head with oil; my cup overflows.
6. Surely goodness and mercy shall follow me all the days of my life,
and I shall dwell in the house of the Lord my whole life long.

OR

Psalm 100

1. Make a joyful noise to the Lord, all the earth.
2. Worship the Lord with gladness; come into his presence with singing.
3. Know that the Lord is God. It is he that made us, and we are his;
we are his people, and the sheep of his pasture.
4. Enter his gates with thanksgiving, and his courts with praise.
Give thanks to him, bless his name.
5. For the Lord is good; his steadfast love endures for ever,
and his faithfulness to all generations.

We will pause for a moment to think about those things for which we need to ask forgiveness.

Lord Jesus, you came to reconcile us to one another and to the Father.
Lord, have mercy.
Lord, have mercy.

Lord Jesus, you heal the wounds of sin and division.
Christ, have mercy.
Christ, have mercy.

Lord Jesus, you intercede for us with your Father.
Lord, have mercy.
Lord, have mercy.

The prayer leader will ask you to choose one of the following canticles to read. You may wish to read the canticle together, to alternate reading the lines in turn, or to ask the prayer leader to read the canticle to you.

Benedictus

Blessed be the Lord God of Israel:
for he hath visited, and redeemed his people;
And hath raised up a mighty salvation for us:
in the house of his servant David;
As he spake by the mouth of his holy prophets:
which have been since the world began;
That we should be saved from our enemies:
and from the hands of all that hate us:
To perform the mercy promised to our forefathers:
and to remember his holy covenant;
To perform the oath: which he swore to our forefather Abraham;
That we being delivered out of the hands of our enemies:
might serve him without fear;
In holiness and righteousness before him:
all the days of our life;
And thou, child, shalt be called the Prophet of the Highest:
for thou shalt go before the face of the Lord to prepare his ways;
To give knowledge of salvation unto his people:
for the remission of their sins;
Through the tender mercy of our God:
whereby the dayspring from on high hath visited us;
To give light to them that sit in darkness, and in the shadow of death:
and to guide our feet into the way of peace.

OR

Magnificat

My soul doth magnify the Lord:
and my spirit hath rejoiced in God my Saviour.
For he hath regarded: the lowliness of his handmaiden.
For behold, from henceforth: all generations shall call me blessed.
For he that is mighty hath magnified me: and holy is his name.
And his mercy is on them that fear him: throughout all generations,
He hath showed strength with his arm:
he hath scattered the proud in the imagination of their hearts.
He hath put down the mighty from their seat:
and hath exalted the humble and meek.
He hath filled the hungry with good things:
and the rich he hath sent empty away.
He remembering his mercy: hath helped his servant Israel;
As he promised to our forefathers: Abraham and his seed, forever.

OR

Nunc Dimittis

Lord, now lettest thou thy servant depart in peace:
according to thy word.
For mine eyes have seen thy salvation:
which thou hast prepared before the face of all peoples.
To be a light to lighten the Gentiles:
and to be the glory of thy people Israel.

At the end of the canticle we pray together:

**Glory be to the Father, and to the Son: and to the Holy Spirit;
As it was in the beginning, is now, and ever shall be:
world without end. Amen.**

The prayer leader will ask you to choose one of the following short passages of scripture which you are welcome to read, or the prayer leader may do so if you prefer.

“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”
(Matthew 11:28-30)

OR

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.”
(John 3:16)

OR

“Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.”
(Matthew 28:19-20)

Almighty God, from whom all holy desires,
all good counsels, and all just works do proceed:
give unto thy servants that peace which the world cannot give;
that our hearts may be set to obey thy commandments,
and that, being defended by thee from the fear of our enemies,
we may pass our time in rest and quietness;
through Jesus Christ our Lord. **Amen.**

**Lighten our darkness, we beseech thee, O Lord;
and by thy great mercy defend us from all perils and dangers of this
night; for the love of thy only Son, our Saviour Jesus Christ. Amen.**

*If the prayer leader is a lay person, they will invite you to share the grace
with them:*

**The grace of our Lord Jesus Christ,
the love of God,
and the fellowship of the Holy Spirit
be with us all, evermore. Amen.**

If the prayer leader is a priest, they will offer to give a blessing:

The peace of God, which passes all understanding, keep your hearts and
minds in the knowledge and love of God, and of his Son, Jesus Christ our
Lord: and the blessing of God Almighty, the Father, the Son and the Holy
Spirit, be amongst you and remain with you always. **Amen.**

The Lord be with you.
And also with you.

Let us bless the Lord.
Thanks be to God.

*Material taken from:
An Order for the Holy Eucharist © Church in Wales Publications 2004
Daily Prayer © Church in Wales Publications 2010
The Book of Common Prayer for use in The Church in Wales ©
Church in Wales Publications 1984*